

Recognizing Mental Illness

"Awareness about the Disturbed Mind"

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Open to All

You are interested in Good Mental Well-being. We Welcome you
Increase your Knowledge and Learn a Scientific approach to Well-being

Certification

"Recognizing Mental Illness: Awareness about the Disturbed Mind"

Is this person Mentally and Psychologically OK or not?

An Important question. Your patients and families need Clear answers

As per WHO, every fourth individual coming to a primary care facility has a psychological issue

85% of all psychological illnesses are 'Common Mental Disorders' affecting many people
Detected early, they can be treated with Counseling & Psychotherapy or with lower doses of
medicines, thereby increasing the acceptance and outcome of therapy

It is our duty as professionals well as our contribution to societal health, to increase early recognition for better treatment, recovery and return to normalcy, so people can live a good life

Our aim is increased awareness and detection and prompt referral to professionals –all for better health. This course is in no way meant to replace a professional clinical opinion

Standards, Accreditations and Certifications

- **Conducted by Competent Professionals in Clinical practice**
Psychiatrists, Doctors, Clinical Psychologists, Psychotherapists – Practitioners & Consultants
- **Professionals with Credible Experience of National level trainings in**
National level Psychiatric conferences, Dept's of Psychology & Psychiatry, Universities
- **Professionals with Experience of Establishing specialized center**
The 'Mind-Body Centre' in Vimhans Neuropsychiatric Hospital
- **Accreditations & Recognition**
Recognized by Professionals working at Cadabams Mind-Talk, Vimhans Hospital
Accredited by ReMind Training & Consulting Pvt. Ltd, Organization for Healthy Mind

- Understand and **Recognize symptoms** that Suggest presence of Psychological illnesses
- **Neurosis and Psychosis**, Anxiety disorders (e.g. OCD, Phobia), Depression & Suicidality, Addiction, Stress induced disorders, PTSD, Major Mental Disorders (Bipolar, Schizophrenia)
- Get trained in **Nationally & Internationally Standardized Check lists & Screening Questionnaires**. Patient Self-Rated Scales and Rating scales administered by others
- These have **Questions designed to Clearly Recognize symptoms** and show whether someone has just a few Symptoms or a Full blown disorder. Differentiate between disorders